

Week 37

1 Timothy

_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>
_____	4	<input type="checkbox"/>
_____	5	<input type="checkbox"/>

Week 38

2 Timothy

_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>
_____	4	<input type="checkbox"/>

Week 39

Titus

_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>

1 John

_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>

Week 40

_____	3	<input type="checkbox"/>
_____	4	<input type="checkbox"/>
_____	5	<input type="checkbox"/>

2 John

_____	1	<input type="checkbox"/>
-------	---	--------------------------

3 John

_____	1	<input type="checkbox"/>
-------	---	--------------------------

Week 41

1 Peter

_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>
_____	4	<input type="checkbox"/>
_____	5	<input type="checkbox"/>

Week 42

John

_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>
_____	4	<input type="checkbox"/>
_____	5	<input type="checkbox"/>

Week 43

_____	6	<input type="checkbox"/>
_____	7	<input type="checkbox"/>
_____	8	<input type="checkbox"/>
_____	9	<input type="checkbox"/>
_____	10	<input type="checkbox"/>

Week 44

_____	11	<input type="checkbox"/>
_____	12	<input type="checkbox"/>
_____	13	<input type="checkbox"/>
_____	14	<input type="checkbox"/>
_____	15	<input type="checkbox"/>

Week 45

_____	16	<input type="checkbox"/>
_____	17	<input type="checkbox"/>
_____	18	<input type="checkbox"/>
_____	19	<input type="checkbox"/>
_____	20	<input type="checkbox"/>

Week 46

_____	21	<input type="checkbox"/>
-------	----	--------------------------

1 Thessalonians

_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>
_____	4	<input type="checkbox"/>

Week 47

_____	5	<input type="checkbox"/>
-------	---	--------------------------

2 Thessalonians

_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>

2 Peter

_____	1	<input type="checkbox"/>
-------	---	--------------------------

Week 48

_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>

Jude

_____	1	<input type="checkbox"/>
-------	---	--------------------------

Revelation

_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>

Week 49

_____	3	<input type="checkbox"/>
_____	4	<input type="checkbox"/>
_____	5	<input type="checkbox"/>
_____	6	<input type="checkbox"/>
_____	7	<input type="checkbox"/>

Week 50

_____	8	<input type="checkbox"/>
_____	9	<input type="checkbox"/>
_____	10	<input type="checkbox"/>
_____	11	<input type="checkbox"/>
_____	12	<input type="checkbox"/>

Week 51

_____	13	<input type="checkbox"/>
_____	14	<input type="checkbox"/>
_____	15	<input type="checkbox"/>
_____	16	<input type="checkbox"/>
_____	17	<input type="checkbox"/>

Week 52

_____	18	<input type="checkbox"/>
_____	19	<input type="checkbox"/>
_____	20	<input type="checkbox"/>
_____	21	<input type="checkbox"/>
_____	22	<input type="checkbox"/>

©2005 by The Navigators. All Rights Reserved. Adapted from the Discipleship Journal 5x5x5 Bible Reading Plan.

Reprints: Permission is granted to reprint unlimited copies of the Navigators 5x5x5 New Testament Bible Reading Plan for non-commercial use. All copyright information must be retained.



**Navigators
Discipleship
Tool**

5x5x5

New Testament Bible Reading Plan

Read through the New Testament in 5 days a week, 5 minutes a day.

5 MINUTES A DAY

If you're not used to reading the Bible daily, start with this easy to use tool to read a chapter of the New Testament in 5 minutes a day. This reading plan will take you through all 260 chapters of the New Testament, one chapter per day. The Gospels are read throughout the year to weave in the story of Christ all year long.

5 DAYS A WEEK

Determine a time and location to spend 5 minutes a day for 5 days a week. It is best to have a consistent time and a quiet place where you can regularly meet with the Lord.

5 WAYS TO DIG DEEPER

Pause in your reading to dig into the Bible. Below are 5 different ways to dig deeper each day. These exercises will encourage meditation. Try a single idea for a week to find what works best for you. Remember to keep a pen and paper ready to capture God's insights.

- ① Underline or highlight key words or phrases in the Bible passage. Use a pen or highlighter to mark new discoveries from the text.
- ② Put it in your own words. Read the passage or verse slowly, then rewrite each phrase or sentence using your own words.
- ③ Ask and answer questions. Questions unlock new discoveries and meanings. Ask questions about the passage using these words: who, what, why, when, where, or how. Jot down your answers to these questions.
- ④ Capture the big idea. God's Word communicates big ideas. Periodically ask: What's the big idea in this sentence, paragraph, or chapter?
- ⑤ Personalize the meaning. Respond as God speaks to you through the Scriptures. Ask: How could my life be different today as I respond to what I'm reading?



The Navigators

DATE CHAPTER ✓

Week 1

Mark		
	1	<input type="checkbox"/>
	2	<input type="checkbox"/>
	3	<input type="checkbox"/>
	4	<input type="checkbox"/>
	5	<input type="checkbox"/>

Week 2

	6	<input type="checkbox"/>
	7	<input type="checkbox"/>
	8	<input type="checkbox"/>
	9	<input type="checkbox"/>
	10	<input type="checkbox"/>

Week 3

	11	<input type="checkbox"/>
	12	<input type="checkbox"/>
	13	<input type="checkbox"/>
	14	<input type="checkbox"/>
	15	<input type="checkbox"/>

Week 4

	16	<input type="checkbox"/>
Acts		
	1	<input type="checkbox"/>
	2	<input type="checkbox"/>
	3	<input type="checkbox"/>
	4	<input type="checkbox"/>

Week 5

	5	<input type="checkbox"/>
	6	<input type="checkbox"/>
	7	<input type="checkbox"/>
	8	<input type="checkbox"/>
	9	<input type="checkbox"/>

Week 6

	10	<input type="checkbox"/>
	11	<input type="checkbox"/>
	12	<input type="checkbox"/>
	13	<input type="checkbox"/>
	14	<input type="checkbox"/>

DATE CHAPTER ✓

Week 7

	15	<input type="checkbox"/>
	16	<input type="checkbox"/>
	17	<input type="checkbox"/>
	18	<input type="checkbox"/>
	19	<input type="checkbox"/>

Week 8

	20	<input type="checkbox"/>
	21	<input type="checkbox"/>
	22	<input type="checkbox"/>
	23	<input type="checkbox"/>
	24	<input type="checkbox"/>

Week 9

	25	<input type="checkbox"/>
	26	<input type="checkbox"/>
	27	<input type="checkbox"/>
	28	<input type="checkbox"/>
Hebrews	1	<input type="checkbox"/>

Week 10

	2	<input type="checkbox"/>
	3	<input type="checkbox"/>
	4	<input type="checkbox"/>
	5	<input type="checkbox"/>
	6	<input type="checkbox"/>

Week 11

	7	<input type="checkbox"/>
	8	<input type="checkbox"/>
	9	<input type="checkbox"/>
	10	<input type="checkbox"/>
	11	<input type="checkbox"/>

Week 12

	12	<input type="checkbox"/>
	13	<input type="checkbox"/>
Galatians		
	1	<input type="checkbox"/>
	2	<input type="checkbox"/>
	3	<input type="checkbox"/>

DATE CHAPTER ✓

Week 13

	4	<input type="checkbox"/>
	5	<input type="checkbox"/>
	6	<input type="checkbox"/>
James		
	1	<input type="checkbox"/>
	2	<input type="checkbox"/>

Week 14

	3	<input type="checkbox"/>
	4	<input type="checkbox"/>
	5	<input type="checkbox"/>
Matthew		
	1	<input type="checkbox"/>
	2	<input type="checkbox"/>

Week 15

	3	<input type="checkbox"/>
	4	<input type="checkbox"/>
	5	<input type="checkbox"/>
	6	<input type="checkbox"/>
	7	<input type="checkbox"/>

Week 16

	8	<input type="checkbox"/>
	9	<input type="checkbox"/>
	10	<input type="checkbox"/>
	11	<input type="checkbox"/>
	12	<input type="checkbox"/>

Week 17

	13	<input type="checkbox"/>
	14	<input type="checkbox"/>
	15	<input type="checkbox"/>
	16	<input type="checkbox"/>
	17	<input type="checkbox"/>

Week 18

	18	<input type="checkbox"/>
	19	<input type="checkbox"/>
	20	<input type="checkbox"/>
	21	<input type="checkbox"/>
	22	<input type="checkbox"/>

(Fold Here)

New Testament Reading Plan

DATE CHAPTER ✓

Week 19

	23	<input type="checkbox"/>
	24	<input type="checkbox"/>
	25	<input type="checkbox"/>
	26	<input type="checkbox"/>
	27	<input type="checkbox"/>

Week 20

	28	<input type="checkbox"/>
Romans		
	1	<input type="checkbox"/>
	2	<input type="checkbox"/>
	3	<input type="checkbox"/>
	4	<input type="checkbox"/>

Week 21

	5	<input type="checkbox"/>
	6	<input type="checkbox"/>
	7	<input type="checkbox"/>
	8	<input type="checkbox"/>
	9	<input type="checkbox"/>

Week 22

	10	<input type="checkbox"/>
	11	<input type="checkbox"/>
	12	<input type="checkbox"/>
	13	<input type="checkbox"/>
	14	<input type="checkbox"/>

Week 23

	15	<input type="checkbox"/>
	16	<input type="checkbox"/>
Ephesians		
	1	<input type="checkbox"/>
	2	<input type="checkbox"/>
	3	<input type="checkbox"/>

Week 24

	4	<input type="checkbox"/>
	5	<input type="checkbox"/>
	6	<input type="checkbox"/>
Philippians		
	1	<input type="checkbox"/>
	2	<input type="checkbox"/>

DATE CHAPTER ✓

Week 25

	3	<input type="checkbox"/>
	4	<input type="checkbox"/>
Colossians		
	1	<input type="checkbox"/>
	2	<input type="checkbox"/>
	3	<input type="checkbox"/>

Week 26

	4	<input type="checkbox"/>
Philemon		
	1	<input type="checkbox"/>
Luke		
	1	<input type="checkbox"/>
	2	<input type="checkbox"/>
	3	<input type="checkbox"/>

Week 27

	4	<input type="checkbox"/>
	5	<input type="checkbox"/>
	6	<input type="checkbox"/>
	7	<input type="checkbox"/>
	8	<input type="checkbox"/>

Week 28

	9	<input type="checkbox"/>
	10	<input type="checkbox"/>
	11	<input type="checkbox"/>
	12	<input type="checkbox"/>
	13	<input type="checkbox"/>

Week 29

	14	<input type="checkbox"/>
	15	<input type="checkbox"/>
	16	<input type="checkbox"/>
	17	<input type="checkbox"/>
	18	<input type="checkbox"/>

Week 30

	19	<input type="checkbox"/>
	20	<input type="checkbox"/>
	21	<input type="checkbox"/>
	22	<input type="checkbox"/>
	23	<input type="checkbox"/>

DATE CHAPTER ✓

Week 31

	24	<input type="checkbox"/>
1 Corinthians		
	1	<input type="checkbox"/>
	2	<input type="checkbox"/>
	3	<input type="checkbox"/>
	4	<input type="checkbox"/>

Week 32

	5	<input type="checkbox"/>
	6	<input type="checkbox"/>
	7	<input type="checkbox"/>
	8	<input type="checkbox"/>
	9	<input type="checkbox"/>

Week 33

	10	<input type="checkbox"/>
	11	<input type="checkbox"/>
	12	<input type="checkbox"/>
	13	<input type="checkbox"/>
	14	<input type="checkbox"/>

Week 34

	15	<input type="checkbox"/>
	16	<input type="checkbox"/>

2 Corinthians

	1	<input type="checkbox"/>
	2	<input type="checkbox"/>
	3	<input type="checkbox"/>

Week 35

	4	<input type="checkbox"/>
	5	<input type="checkbox"/>
	6	<input type="checkbox"/>
	7	<input type="checkbox"/>
	8	<input type="checkbox"/>

Week 36

	9	<input type="checkbox"/>
	10	<input type="checkbox"/>
	11	<input type="checkbox"/>
	12	<input type="checkbox"/>
	13	<input type="checkbox"/>